

Virtua Nutrition *presents...*

“CRANK THE FOOD BANK”



5K WALK/RUN

NATIONAL
NUTRITION MONTH
MARCH 2019

Virtua Fights Hunger

Benefitting Virtua's Mobile Farmers Market & The Food Bank of South Jersey

WHAT: A fun 5K (3.1 mile) walk/run! Kids, baby joggers, strollers are welcome! For everyone's safety, no dogs please.

WHERE: Virtua Voorhees Campus, Lobby E, Follow event parking signs. The race starts in adjacent parking lot

WHEN: Saturday, March 30th; Run starts at 10:00AM, register by 9:30AM

WHY: To celebrate **National Nutrition Month!** Come out and *Crank the Foodbank* with us! Food donations support the Food Bank of South Jersey, prizes for the heaviest donations! All funds collected benefit Virtua's Mobile Farmers Market!

HOW: Preregister at: [Virtua Fights Hunger](#)

Or before race begins! See most needed food items listed on signup site. Payment due at event, **only cash** will be accepted. Kids 5 and under are FREE!

- * \$20 per participant without food donation
- * \$10 per participant with food donation
- * \$10 per Virtua Employee (food donation expected)



T-Shirts to the first 100 registrants!
